

- Linda Schwartz: [00:00](#) She Shed comedy with Linda Schwartz empowering your comedy career. Hey everybody. Welcome to she shed comedy podcast. I'm your host, Linda Schwartz. In today's episode, I share a little bit about what the intention and the mission is of this show and we share three tips on how to really get the most out of listening to this podcast. If this is your first time listening, then thanks for coming. The She Shed Comedy podcast is produced every week for your enjoyment and show notes are found at sheshedcomedy.com Come back often and feel free to add the podcast to your favorite rss feed or itunes. You can also follow me on twitter, instagram, facebook, and Youtube at she shed comedy. All links are in the show notes now. Let's get into the show.
- Linda Schwartz [00:54](#) Hi. Welcome to she shed comedy. I'm your host, Linda Schwartz, and I wanted to share just the intention of the show and share with you how you can get the most out of this show when you listen to it.
- Linda Schwartz: [01:08](#) So this is really just an introduction to she should comedy what our mission is, what our intention is, and three ways for you to get the most value out of listening to this content. So our mission is to really educate and empower women who are pursuing a career in comedy through lighthearted and soulful and meaningful conversations with other women who are working in entertainment or in comedy so that we can be the light for your own journey into whichever medium that you choose for yourself, if that's Improv sketch, comedy, standup comedy, or even in any realm in the entertainment industry. So we hope to be your guiding light and support system. And it's our intention to be a living library for women like you and myself. Just a little bit about myself. I am also pursuing a career in comedy standup specifically, and I realized after doing some research online that there wasn't any kind of online community for women who are pursuing a career in comedy.
- Linda Schwartz: [02:14](#) And so I figured to build a support system and network for myself and also, to really showcase my journey as well. And document my journey along the way and sharing that will hopefully inspire any of you who are thinking about starting a career in comedy or just trying it out to really go after your dreams. Whether that is just taking baby steps along the way. Hopefully this show will inspire you through the stories of women like yourself to really allow yourself the agency and also the permission to go after your dreams. So three ways for you to get the most value out of listening to this content is number one, listen to the show for the deeper meaning of it for yourself,

you know... don't shoot the Messenger. We really love that this is an open dialogue between myself and the guests.

Linda Schwartz: [03:21](#)

And so you may or may not for some reason, like what the guest sounds like or looks like, but, put that aside and just listen for the deeper meaning for yourself and the lesson that it can be to teach you. We are really hoping to put out valuable content. And if it's funny, great, but the intention is to really be of service to you and your career. The second way to really get the most value out of this content is to engage with the community. We have a facebook group and if you want to follow us on Instagram, Youtube, facebook, and whichever other social media platforms we're on, we would really love your support and also for you to engage in the community and with the content. Share your thoughts on what you love, what you didn't like, what we can work on because we need that feedback.

Linda Schwartz: [04:17](#)

You know, as women, we really need to create a system of support. And we're in this together. That's my whole thing. We need to be a support system for each other, no matter where we are in life. And I hope that this content will be that support system for you and your journey as well. And the third way to get the most value out of this content is to, if you know a woman who is pursuing a career in comedy, share this content with her because I really would love to see this community build in a really powerful and empowered way. And the only way to do that is if you share the content with a woman who, whom you think will get value and benefit from this information. And like I said, my hope is to really inspire you to take hold of your dreams and move forward in your journey to your standup comedy career or Improv career or sketch comedy or any other realm in the art world, if you're an artist, we hope that this content is relatable to you also.

Linda Schwartz: [05:25](#)

And really to just inspire yourself to get into action and move toward your dreams. Just know that there are a lot of women out here who are in the same boat. That we believe in you and we hope that this content will help you and inspire you to believe in yourself. So with that being all said, this is a short and sweet message and I hope that you'll come join us and be with us and listen to the show. You can follow us on all the social media platforms and introduce yourself, come and engage with the community. We'd love to hear from you. So with that all being said, welcome to shed comedy podcast I'm your host, Linda Schwartz and I'm signing out. Thanks. Bye.

Speaker 2: [06:19](#)

She Shed Comedy like us, follow us. Tune in next time.

Guest: Solo Episode – Introduction